

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# SEPTEMBER 2023

**Franklin Grove Living & Rehab**  
502 N. State Street  
Franklin Grove, IL 61031  
815-456-2374



<p><b>3</b></p> <p>9:00 Good Morning Cart 10:00 East Oregon Chapel – B 11:00 Mass on TV – B 2:00 Chapel – RC 4:30 Musical Art – NC 5:00 Bucket Toss – NC</p>	<p><b>4</b></p> <p>9:30 Jazzercise – RC 10:00 Twister with a Twist - RC 11:45 Would You Rather – Labor Day Edition 2:00 Bingo – RC 4:30 Let's Talk About Labor Day – NC 5:00 Balloon Volley – NC</p>	<p><b>5</b> <b>Happy Birthday Lavera!</b></p> <p>9:30 Moving to the 70's – RC 10:00 Patio Time 11:45 Name 5 2:00 Crafter's Club – RC 4:30 Fall Colors – NC 5:00 Keep It Up! – NC</p>	<p><b>6</b></p> <p>9:30 Shimmy &amp; Shake – RC 10:00 Chapel – RC 11:30 Chair Yoga – NC 2:00 Planning Committee – RC 4:30 Junk Drawer Detective – NC 5:00 Bags – NC</p>	<p><b>7</b></p> <p>9:30 Noodlecise – RC 10:00 Rosary – RC 11:45 High Low 2:00 Bingo – RC 4:30 Back To School Stories – NC 5:00 Balloon Bop! – NC</p>	<p><b>8</b></p> <p>9:30 Muscle Mania – RC 10:15 Manicures - 7 11:45 Spinach Facts 2:00 Popeye Picnic – RC 4:30 Popeye Facts – NC 5:00 Noodle Hockey – NC</p>	<p><b>9</b></p> <p>9:00 Leisure Cart 10:00 Music on the Patio 11:45 Favorite Fall Activity 2:00 Pop Goes the Question September Edition – RC 4:30 Picture This – NC 5:00 Simon Says – NC</p>
<p><b>10</b></p> <p>9:00 Good Morning Cart 10:00 East Oregon Chapel – B 11:00 Mass on TV – B 2:00 Chapel – RC 4:30 Chat &amp; Chew – NC 5:00 Broom Ball – NC</p> <p>Grandparents Day</p>	<p><b>11</b> <b>Happy Birthday Ann!</b></p> <p>9:30 Dancercise – RC 10:00 Remembering 9/11 11:45 Patriotic Music 2:00 Bingo – RC 4:30 September Word Mining – NC 5:00 Knock It Down – NC</p>	<p><b>12</b></p> <p>9:30 Dogercise - RC 10:00 Cooking Club – Dog Treats – RC 11:45 Do You Remember Lassie? 2:00 Granny Rose 4:30 Dog Art – NC 5:00 Hot Dog! – NC</p>	<p><b>13</b> <b>Happy Birthday Janet!</b></p> <p>9:30 Moving &amp; Grooving – RC 10:00 Chapel – RC 11:30 Chair Yoga – NC 2:00 Movie Time – B 4:30 Hot Topic – NC 5:00 Target Shooting – NC</p>	<p><b>14</b></p> <p>9:30 Morning Boogie – RC 10:00 Rosary – RC 11:45 Conway Twitty 2:00 Bingo – RC 4:30 Mandela Art – NC 5:00 Football Toss – NC</p>	<p><b>15</b> <b>Happy Birthday Jim &amp; Robert L.</b></p> <p>9:30 Morning Stretch – RC 10:15 Manicures - 7 11:45 Patsy Cline 2:00 Apple Dumpling Social – RC 4:30 Fact or Opinion – NC 5:00 Noodle Volley – NC</p> <p>Rosh Hashanah Begins</p>	<p><b>16</b></p> <p>9:00 Leisure Cart 10:00 Apple Grapple – RC 11:45 Frankie Avalon 2:00 News on the Patio 4:30 Remember When ... NC 5:00 You Choose It, We Move It – NC</p> <p>Oktoberfest Begins</p>
<p><b>17</b></p> <p>9:00 Good Morning Cart 10:00 East Oregon Chapel – B 11:00 Mass on TV – B 2:00 Chapel – RC 4:30 Relaxation Art – NC 5:00 Batter Up – NC</p>	<p><b>18</b> <b>Cheese Burger Day</b></p> <p>9:30 Getting Fit – RC 10:00 Bunco – RC 11:45 Favorite Burger Toppings 2:00 Bingo – RC 4:30 Chicken Soup for the Soul – NC 5:00 Beach Ball Toss – NC</p>	<p><b>19</b></p> <p>9:30 Fit &amp; Trim – RC 10:00 Crafter's Club – RC 11:45 Can You Talk Like A Pirate? 2:00 Pirate Comedy Hour – RC 4:30 Color My World – NC 5:00 Noodle Ball – NC</p>	<p><b>20</b></p> <p>9:30 Sit &amp; Be Fit – RC 10:00 Chapel – RC 11:30 Chair Yoga – NC 2:00 Movie Time – B 4:30 What's in the Bag? – NC 5:00 Broom Hockey – NC</p>	<p><b>21</b></p> <p>9:30 Let's Get Physical – RC 10:00 Rosary – RC 11:45 Buddy Holly 2:00 Bingo – RC 4:30 Name that Tune – NC 5:00 Ring Toss – NC</p>	<p><b>22</b></p> <p>9:30 Moving to the 50's – RC 10:15 Manicures - 7 11:45 Mel Torme 2:00 Carmel Apple Cake Social – RC 4:30 Tell Me a Funny Story – NC 5:00 Sensory Games – NC</p>	<p><b>23</b> <b>Happy Birthday Nadine!</b></p> <p>9:00 Leisure Cart 10:00 Balloon Volley – RC 11:45 Hank Williams 2:00 Patio Talk 4:30 Fall Memories – NC 5:00 Bucket Ball – NC</p> <p>Autumn Begins</p>
<p><b>24</b></p> <p>9:00 Good Morning Cart 10:00 East Oregon Chapel – B 11:00 Mass on TV – B 2:00 Chapel – RC 4:30 Penny Pinching – NC 5:00 Washers – NC</p> <p>Yom Kippur Begins</p>	<p><b>25</b></p> <p>9:30 Musical Motion – RC 10:00 Trivia Ball – RC 11:45 George Jones 2:00 Bingo – RC 4:30 Favorite School Memory – NC 5:00 Drumming to the 60's – NC</p>	<p><b>26</b></p> <p>9:30 Zumba – RC 10:00 Crafter's Club – RC 11:45 Otis Redding 2:00 Yahtzee – RC 4:30 Sing Me a Hymn – NC 5:00 Kick Ball – NC</p>	<p><b>27</b> <b>Happy Birthday Lois!</b></p> <p>9:30 Country Cha Cha – RC 10:00 Chapel – RC 11:30 Chair Yoga – NC 2:00 Resident Council - RC 4:30 Rock Around the Clock – NC 5:00 Simon Says – NC</p>	<p><b>28</b> <b>Happy Birthday Robert M.!</b></p> <p>9:30 Moving to the 60's – RC 10:00 Rosary – RC 11:45 Boxcar willy 2:00 Bingo – RC 4:30 Categories – NC 5:00 Keep it Up! – NC</p>	<p><b>29</b></p> <p>9:30 Fitness Fun – RC 10:15 Manicures - 7 11:45 Berry White 2:00 Birthday Party - RC 4:30 Riddle Me this – NC 5:00 H.O.R.S.E – NC</p> <p>Sukkot Begins</p>	<p><b>30</b></p> <p>9:00 Leisure Cart 10:00 Left Right Center – RC 11:45 BB King 2:00 Sunshine on My Face 4:30 Puzzle Time – NC 5:00 Shoot for the Hoop – NC</p>